

# Sampling a slice of energy healing

By RUSTY PRAY

FEELING FIT CORRESPONDENT

Karen Coratelli-Smith and David Karg brought a relatively new form of healing to Port Charlotte.

They recently introduced Healing in America to a group of about a dozen people during an energy infusion party at Chiropractic Express in Port Charlotte. Dr. Debra Mazzola, the chiropractor who runs the practice, and her husband, Dale, will be offering Healing in America by appointment in the near future.

In the meantime, it was their hope to acquaint Charlotte County with Healing in America, which is similar to reiki, a powerful alternative healing art that is primarily hands off. Mazzola, a reiki master, already offers that type of healing by appointment.

"I'm so excited" to bring Healing in America to Charlotte, Mazzola said. "It's been life-changing for me, and I want to share it with others."

Like reiki, Healing in America calls on energy to heal. But it goes further. It calls on universal energy to heal body, mind and spirit.

"You can drive a Chevy, a Ford, a Mercedes — all of them will get you where you want to go," said Coratelli-Smith. "The energy healing modalities offer very different techniques to get you there."

"We don't have to know what you want to receive. The energy comes



**Lori Launderville senses the energy of Karen Coratelli-Smith.**

through us."

Like reiki, it can be performed at a distance.

Cheryl Lee of Harbor Heights was among those who attended. She has been seeing Mazzola for her chiropractic needs for several years. "She's been telling me about this, so I wanted to come to see what it was about," Lee said.

Jolisa Stewart of Port Charlotte has her own healing practice. She also sat in.

"I'm always looking to fill out my techniques," she said. "The more healing I receive, the better practitioner I am."

As the session began, Karg offered a word of caution. "This is not meant to usurp medical care," he said. "It's complementary. It's meant to help the healing process. You don't do this



**Jolisa Stewart, left, and Dr. Debra Mazola, owner of Chiropractic Express, chat before the energy infusion party.**

instead of going to a doctor. You do it an addition to regular medical care."

For the next three hours, Coratelli-Smith and Karg, teaching partners in Naples, took the group through several levels of energy transfer and healing, beginning with learning to sense your own energy, learning how to sense the energy of others, and self-healing.

They taught deep-breathing techniques, and provided a few minutes of meditation.

The healing party culminated with a healing circle, in which members of the group offered healing requests for others and received hands-on healing from the practitioners.

"It was amazing," Lori Launderville



**FEELING FIT PHOTOS BY RUSTY PRAY**

**Naples energy healers Karen Coratelli-Smith and David Karg prepare for an energy infusion party at Chiropractic Express in Port Charlotte.**

of Punta Gorda said afterward. "I love energy work."

Another energy infusion party is scheduled for 1 p.m. to 4 p.m. July 16 at Chiropractic Express, 2886 Tamiami Trail, Port Charlotte. Registration is required. A \$20 donation is requested. To register, call 941-249-9020 or email [chiropracticexpress@gmail.com](mailto:chiropracticexpress@gmail.com). For more information, go to [www.chiropracticexpressllc.com](http://www.chiropracticexpressllc.com).

For more information on Healing in America, go to [www.HealinginAmerica-Southeast.org](http://www.HealinginAmerica-Southeast.org). Coratelli Smith may be contacted at 239-692-9120, or [kmith727@comcast.net](mailto:kmith727@comcast.net). Karg may be contacted at 239-530-0838, or [dkarg@embarqmail.com](mailto:dkarg@embarqmail.com).